

Silver American Smooth Waltz

Listed Holds, Positions & Proximities are allowed except where noted

HOLDS: All Bronze Holds, Alternative Traditional Hold (Silver), Cross Hand Hold(sustained), Handshake Holds, Shadow Holds, Hold may be released in Silver for one bar only (No Hold) [*Partners' Position and Proximity will determine choice of Holds*]

POSITIONS: All Bronze Positions, Fallaway Movements, Right Shadow Position Lady in Front, Contra Position (*opposite feet only*), Left Shadow Position "Shadow Switches" Only (*limit 1 bar*).

PROXIMITIES: All Bronze Proximities, Apart (*limit 1 bar*)

Figures and Feet - Partners are on opposite feet, Continuity Style, Bronze Figures may be danced with Continuity Style, Same Foot Allowed in Specified Figures		Timing - All Bronze Timings 1(2)3, 1&23, 123&	Notes
1	Open Left Box Turn & Open Right Box Turn	123	CP, ROP, LOP, OFF, PP, CPP
2	Twinkles: Single, Progressive, Passing	123	CP, ROP, LOP, OFF, PP, CPP
3	Forward Locks and Backward Locks	1 syncopation per bar	CP, ROP, LOP, OFF
4	Syncopated Underarm Turns	1 syncopation per bar	
5	Progressive Figures, Traveling Cross, Running Steps	1 syncopation per bar	
6	Solo Turns Right and Left	1 syncopation per bar	No Hold (1 bar),
7	Grapevines to Left or Right	1 syncopation per bar	
8	Fallaway Reverse Turn Slip Pivot, Bounce Fallaway	1 syncopation per bar	CP, Fallaway Movement
9	Chair and Slip Pivot	123 or 1(23)1(2)3	PP, Fallaway Movement, CP
10	Wing	Man 1(23) Lady 123	PP, CP, LOP, ROP
11	Quick Open Reverse	1 syncopation per bar	CP, ROP, OFF, PP
12	Basic Hairpin <i>i.e.</i> 4-6 Open Left Box Checked/ Checked Continuity ending	123	CP, PP, ROP
13	Body and Picture Lines: Contra Check, Oversways, Hovers, Explosions, Right & Left Lunges, Same Foot Lunge	Limit 2 bars	All on Opposite feet except Same Foot Lunge
14	Kicks, Developés, Aerial Rondes (<i>No more than waist high</i>)	Limit 1 bar	All on Opposite feet except Same Foot Lunge
15	Basic Runaround Same Foot or Opposite Feet	Limit 2 bars with 1 syncopation per bar	Traditional and Alt Traditional hold Both partners running forward
16	Continuous Partnership Pivots	Limit 2 bars with 1 syncopation	CP, Traditional and Alt Traditional hold
17	Swivels, Outside Fans, Inside Fans, Gem, Floor Rondes	1(23), 1(2)3	
18	Foot Change to Same Foot Position <i>Leader or Follower</i>	12&3 or 1(2)3	To enter and exit same foot figures
19	Right Shadow Same Foot Figures (<i>Open Left and Right Box Turns, Twinkles, Running Steps, Grapevines</i>)	123, Limit 8 bars including entrance & exit to Same Foot Position	Shadow Holds
20	Right Shadow Locks with no turn or up to ¼ Turn Left (Turning Lock to the Left) (<i>Same Foot allowed</i>)	12&3, 1&23	Shadow Holds
21	Right Shadow Chasses with no turn or up to ¼ turn right, (<i>Same Foot allowed</i>)	12&3, 1&23	Shadow Holds
22	R Shadow to L Shadow Switches/Twinkles progressing (Same Foot Allowed) NOTE: <i>This figure may not be turned until Closed Gold</i>	123 1(2)3, 12&3 Foot Changes	Shadow Holds, Left Shadow (limit 1 bar only)
Allowed Figures from International Waltz: Open Impetus, Turning Lock to Left, Closed & Open Telemark, Double Reverse Spin, Forward & Back Whisk, Outside Change to OP or PP, Outside Spin, Weaves		Timings as used in International Waltz	Traditional Hold