

## Bronze American Smooth Waltz

*Hold may not be released while dancing Bronze*

*No Fallaway movements allowed while dancing Bronze*

*Listed Holds, Positions & Proximities are allowed except where noted*

**HOLDS:** Traditional Hold, Bronze Alternative Traditional Hold, Frame Holds, Double and Single Hand Hold. Handshake Hold allowed during Progressive Change Steps, Progressive Twinkles and Waterfall only. (*Partners' Position and Proximity will determine choice of Holds*)

**POSITIONS:** Closed Position, Right and Left Outside Partner, Open Facing Position, Promenade & Counter Promenade Positions, Back to Back, Right & Left Side Positions, Right Angle, Followers Underarm Turns Right & Left

**PROXIMITIES:** Contact, Close and Extended (with a Hold)

<b>Figures and Feet</b>		<b>Timing</b>	<b>Notes</b>
Partners are on opposite feet throughout		<i>Timing for all figures is 123 unless noted</i>	
1	Left Closed Box/Reverse Turn		CP, OFF
2	Right Closed Box/Natural Turn		CP, OFF
3	Progressive Change Step Forward or Backward		CP, OFF, <i>Handshake Hold Allowed (R to R and L to L)</i>
4	Closed Finish Forward or Backward, Right or Left Foot		
5	Balance Steps, Hesitations	1(23)	
6	Fifth Position Breaks, Open Break, Back Break		
7	Fifth Position Breaks, Open Break, Back Break with UATs Turns to R or L		<i>Must be followed with a Closed Finish</i>
8	Followers Underarm Turn to the Right	Limit 2 bars for UA turn	<i>Must be followed with a Closed Finish</i>
9	Simple Twinkle		
10	Progressive Twinkles Forward or Backward		CP, ROP, LOP, OFP, <i>Handshake Hold Allowed (R to R and L to L)</i>
11	Turning Twinkles		
12	Twinkle Combinations e.g., <i>In and Out Change Steps, Butterfly, Flip Flop, Hand to Hand Back to Back</i>		
13	Cross Body Lead from LF Forward Hesitation or 1-3 Left Closed Box/Reverse Turn		CP, OFP, PP <i>Must be followed with a Closed Finish</i>
14	Cross Body Lead and Left Underarm Turn w Open Break or Hesitation		CP, OFP, PP
15	Forward Twist to Left from Promenade Positions		<i>Must be followed with a Closed Finish</i>
16	Natural Spin Turn (as International Style)		CP <i>Must be followed with a Closed Finish</i>
17	Closed Impetus (as International Style)		CP <i>Must be followed with a Closed Finish</i>
18	Pivot from P.P. or Closed Position	Limit one bar	CP, PP <i>Must be followed with a Closed Finish</i>
19	Progressive Chasse to Right <i>no turn or up to 1/4 turn L</i>	12&3	CP, OFP <i>Must be followed with a Closed Finish</i>
20	Promenade Chasse	12&3	PP <i>Must be followed with a Closed Finish</i>
21	Grapevine or Zigzag		CP, ROP, LOP, OFP <i>Must be followed with a Closed Finish</i>
22	Open Break and Back Spot Turn		OFP, CP
23	Waterfall	Limit 6 bars	<i>Handshake Hold Allowed (R to R and L to L)</i> <i>(Transitions Through Right and Left Shadow on Opposite Feet)</i>